

Worksheet 16

The Sacraments – Part 1

Answer Sheet

What is a Sacrament?

- A sacrament is an outward sign instituted by Christ to give grace through visible things such as water, oil, bread, wine, words, and gestures.
- God created us as bodily and spiritual beings, so he reaches us through both visible and invisible realities.
- A sacrament is not merely a reminder or symbol, but an effective sign that truly brings about what it signifies.

What is Sacramental Marriage?

- Sacramental marriage is a lifelong covenant in which a man and a woman freely give themselves to one another for life.
- Marriage is rooted in God's design for humanity from the beginning.
- The bride and groom are the ministers of the sacrament to one another, and the priest or deacon serves as the Church's official witness.
- The outward sign is expressed in the marriage vows

What is Holy Orders?

- Holy Orders is the sacrament through which Christ continues the apostolic ministry in the Church.
- Through this sacrament, bishops, priests, and deacons are ordained for service through preaching, sanctifying, and pastoral care.
- The main outward sign is the laying on of hands by the bishop and sacred chrism.

What happens in the Sacrament of Reconciliation?

- In Reconciliation, Christ heals those who have sinned after Baptism.
- God is the one who forgives sins, and the priest acts as the sacramental instrument through which God's forgiveness flows.
- Through this sacrament, the sinner is restored to communion with God and the Church.
- The outward sign is found in the prayer of absolution and the priest's spoken words of forgiveness.

What happens in the Anointing of the Sick, and what grace does it give?

- Anointing of the Sick is not only for those who are near death; it may be received by those who are seriously ill, weakened by old age, or preparing for major surgery.
- This sacrament gives spiritual healing, strength, peace, and union with Christ in suffering.
- It also brings forgiveness of sins, and if it is God's will, physical healing.
- The outward sign of the sacrament is the anointing with the Oil of the Sick on the forehead and hands, together with the liturgical prayers of the priest.

What do the Sacraments reveal about God?

- The sacraments reveal that God comes near to his people through visible signs.
- Through them, Christ communicates invisible grace in a concrete and personal way.
- The sacraments are real encounters with Christ, who heals, strengthens, nourishes, and sanctifies his people.